I wanted to share a synopsis of this year’s 25th Annual Urological Excellence Conference hosted by the Regina Chapter. I am thankful for the education awards that the UNC offers yearly to its’ members. After applying, I was awarded $500.00 to help with the costs involved to attend. The other two winners of this award were Karen Lusby and Linda Brockman.


The concurrent sessions were as diverse as the Keynote addresses, with such topics as: Brachytherapy, an overview as well as its relation to treating prostate cancer. Prostate cancer screening the controversies and guidelines to treating verses active surveillance. Testicular cancer and diagnostic tests, treatments, as well as follow up. Preventing catheter associated urinary tract infections. and a presentation that focused on Stones in pregnancy, to name a few.

It was great to see a number of posters at the conference this year; this is always such a great way to share research and information with our peers. Dr. Katherine Moore judged the posters, gave a brief synopsis of each and then presented Joan Basiuk a cheque for the winning poster. Joan’s poster was titled “Kidney Cancer Survivorship Survey: Gap Between Urologist and Survivor Perceptions”.

Our final keynote speaker was “The Queen”. Donna Saunders RN gave an eloquent (quite humorous) speech relating the events of the conference, naming names in her “royal” address and knighting our President, Lady Fran Stewart.

The venue, the Delta Hotel Regina, was very pleasant and the weather cooperated with sunny skies. This allowed for several brisk walks during break times. For those who wished to try their luck at gambling the Regina Casino was right across the street. A shopping mall was very handy as well via a pedway system.
So much can be learned when we gather together and share our expertise. No conference is complete without exhibitors. We were able to network with them as well as view new technology, pharmaceuticals, product and literature. It is important to encourage each other as nurses while keeping current in our specialties. This is essential in maintaining our standard of care and educational requirements.

The organizing committee worked hard to make this a conference to remember. Their efforts paid off with such unique ideas as the beautiful quilt that Deb Kluk, one of the organizing committee members, created in honor of this being the 25th Urological Excellence Conference. The quilt was raffled off and the lucky winner was Linda Brockman. All who attended the Fun Night were surprised at their tables with beautiful Pashminas that had been ordered and shipped from the Philippines just for this special occasion. Hats off to all the organizing committee members for all their hard work and planning!

I would encourage you to start planning now to attend next year’s conference in Saint John, NB, September 26-28th. Looking forward to seeing everyone again and lots of new faces.

Nancy Carson RN, NCA.
UNC NB Provincial Rep

ATTENTION!!!!

Your UNC Pipeline is looking for articles. If you are a Nurse working with Urology patients, you maybe able to write about your experiences, observations or perhaps a case study.

For more info or please send your papers to:

uncpipeline@hotmail.com
At the UEC a number of our National Sponsors were presented with plaques to recognize their generous support of the UNC.

UNC Award Winners

2012 UEC Attendance Award Winners with Fran Stewart, UNC President. Left to right: Fran Stewart, Nancy Carson, Linda Brockman and Karen Lusby.

UNC Awards Program

Each year the Urology Nurses of Canada invite their membership to apply for the following awards: Research and Scholarship. Valued at $750.00 each and provided by the generous support of our Industry sponsors.

Two Nursing Education Initiative awards, valued up to $500.00 each.

Up to five UEC Attendance Awards, also valued at $500.00 each.

All applications must be type written and/or sent electronically to vpwest@unc.org. Applicants will be contacted upon receipt of application.

UNC offers two additional awards: The Award of Merit - recognizes the individual who has made a significant contribution to UNC and the UNC Chapter Award for new local chapters.

The Urology Nurses of Canada is committed to developing, disseminating and implementing new knowledge in practice. We achieve excellence in clinical practice by encouraging and supporting our membership in their participation in research, knowledge acquisition and academic achievement.

The Poster Presentation and Short Paper Awards are presented at the annual UEC. Information about submitting your Abstracts is on the website.

Poster Presentation Award

Presenters of posters at the annual Urological Excellence Conference are eligible for this award. The recipient of this will have demonstrated excellence in poster presentation and meet the pre-established criteria for posters. The recipient will receive a $100.00 award from UNC.

Short Paper Presentation Award

Presenters of short papers at the annual Urological Excellence Conference are eligible for this award. The recipient of this will have demonstrated excellence in presentation and meet the pre-established criteria for short papers. The recipient will receive a $100.00 award from UNC.
There are two Nurse Continence Advisors working in the Robert Irving Ambulatory Care Centre at the Moncton Hospital in New Brunswick. These nurses share one full time position and perform Urodynamic testing for patients referred by Urologists. This patient population includes males and females. A video component during testing is available when requested.

Our Continence Clinic provides teaching sessions for the male patient pre-radical prostatectomy surgery and follow up post surgery to assess and treat the patient. The teaching session includes Kegel exercises, fluid balance, continent products, foley catheter care, and limiting caffeinated fluids.

The clinic also offers assessments for male and female patients who struggle with urge, stress, or mixed incontinence. We are very fortunate to have a Biofeedback Pelvic Floor Therapy Unit and can offer Biofeedback and Stimulation treatments when requested by the urologist.

Clean intermittent catheterization teaching is another service we provide to the urology patients.

Intracavernosa injection teaching with Trimix is taught to the male patients who suffer from erectile dysfunction.

We are proud to have a Urologist who specializes in incontinence at The Moncton Hospital. Dr. Neil Dwyer offers implantation of neurostimulators for patients with retention or overactive bladder syndrome. These Interstims are made by Medtronic.

As Nurse Continence Advisors we provide the information session with the selected patients and support person, follow the patient through the Stage 1 and Stage 2 surgeries and post-operative care for the Interstim device. We do the programming of the Interstims to manage the patient’s symptoms in coordination with Dr. Dwyer. The Interstim Therapy is an excellent choice when patients have failed other therapies for their retention and overactive bladder syndrome.

Karen Lusby RN NCA
Continence Clinic
Ambulatory Care Centre
The Moncton Hospital
Moncton, N.B.

The Urology unit at the U of A Hospital is an inpatient acute care floor. The staff work well together and have a great deal of respect for each other as well as for me as their Clinical Supervisor.

I have worked in Urology for eons. As a result of this, most of the Urologists I work with now did their residency with me and I am affectionately (I hope!) referred to as their boss.

I have been a part of the Urology Nurses of Canada for many years and have attended all but one of the Urological Excellence Conferences.

Liz Smits RN
Urology Clinical Supervisor
UNC Vice - President West

The Urology Nurses of Canada would like to wish all it’s Members and Sponsors

Merry Christmas &
Happy New Year.

Getting To Know Our UNC Members

"The Urodynamics and Continence Clinic of The Moncton Hospital"

"Urology Unit of the University of Alberta Hospital"

Introducing: Getting To Know Our UNC Members!

We have added a new section to the Pipeline! This is an area where we want YOU, the UNC membership to write a summary of where you work and what you do! This will allow us to know what is being done in the different areas across the country and who is doing it, allowing for better networking possibilities.

Please send your summary by May 1, 2013 to:
uncpipeline@hotmail.com
The Calgary Zoo, located just east of the city centre, on St. George’s Island surrounded by the Bow River, offered a perfectly unique environment to host Calgary’s 2012 Urology Conference. There were approximately 150 people that attended the event located in the Enmax Conservatory, which is surrounded by two botanical tropical gardens offering a nice reprieve from the Calgary winter weather. The event in previous years had been held in community centres in the Calgary area, but this year Unit 82 at the Rockyview General Hospital (RGH) took the event to another level. There was great attendance from nursing and allied health staff from all over the Calgary region.

The conference offered a diversity of speakers and presentations within the exotic location of the botanical gardens. The presentations ranged from urology reconstruction, the evolution of prostate cancer treatment in Calgary, intermittent and indwelling catheterization, to pelvic floor and incontinence. With speakers from two of our local area Urologists, to Nursing and Physiotherapy, there was good representation from the many health care specialists that provide care for our urological patients.

A presentation that was a highlight to me personally was Darrel Janz’s, Co-Anchor and Co-Producer from CTV Weekend News, discussion on ‘Aspiring to Inspire’. He discussed things that inspire him, and what inspires him the most are people and their ability to accomplish much despite adversity. The final presenter was Dr. Doug Whiteside, a staff veterinarian at the Calgary Zoo, discussing ‘Urology gone wild; Tackling urogenital issues in zoo species’. The human urogenital issues seemed easy by comparison to the variety of anatomical differences between species and their urologic complications. It was the perfect presentation to close the conference.

The Urology Nurses of Canada, Calgary chapter, donated two memberships to attendees to promote UNC membership in the Calgary region. UNC also had a booth in the trade area to promote membership and awareness of our professional organization. Overall the event was a great success and such a credit to the educators and staff involved in the planning from Unit 82 at the RGH.

To quote Darrel Janz: “If you choose to look at your abilities rather than your disability, you will be amazed at what you can accomplish.”

Melissa Leslie
UNC AB Provincial Rep

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**Calgary Chapter News**

**Saint John Chapter News**

New Brunswick currently has 7 members. Our Saint John Chapter has been busy this fall organizing and preparing for the UEC in 2013. I encourage all members to “save the date” September 26-28th. We did not hold our annual ½ day workshop for Nurses during Continence Week because of this. We have met as a group twice this past year.

During World Continence Week in June our chapter was able to provide public information tables in a couple of pharmacies. We also offered an information booth in our hospital for both the public and staff.

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**26th Annual Urological Excellence Conference**

**Save the Date**

September 26-28, 2013
Saint John, NB

**Call for abstracts** is now on for this up coming conference. Please visit www.unc.org for details and to submit your abstract.
Deadline to have your abstract in is Feb. 28, 2013.
The Urology Nurses of Canada extends an invitation to all nurses and allied health interested in urologic nursing to join the association.

The Urology Nurses of Canada is a National Association whose mandate is to enhance the specialty of urologic nursing in Canada by promoting education, research and clinical practice.

The activities of the Urology Nurses of Canada are designed to enrich members’ professional growth and development.

The UNC hosts an annual conference each fall and convenes for an educational meeting at the Canadian Urological Association annual meeting each June.

Membership in the UNC entitles you to receive 6 issues of Urological Nursing Journal, 2 issues of Pipeline, Annual Urological Excellence Conference information and discount on registration, UNC Membership Directory, web access to the UNC Constitution, UNC Standards of Urologic Nursing Practice and your personal access to UNC reports on the web.

For more information about UNC, contact: Gina Porter, Membership Coordinator at membership@unc.org or visit www.unc.org.

How to form a local UNC Group
1. Contact nurses and allied health in your area interested in Urologic Nursing.
2. Pick a topic and a speaker (for initial meeting).
3. Book meeting room
4. Contact local sales rep for potential support of meeting.
5. Advertise meeting and distribute information about the UNC.
6. Create local executive e.g. chairperson, secretary, treasurer.
7. Organize educational meetings/events.
8. Contact UNC provincial representative regarding local business meetings.
9. Encourage submissions of articles and upcoming events to “Pipeline”.

UNC Executive
President: Frances Stewart
Past President: Susan Freed
Vice-President West: Liz Smits
Vice-President East: Frankie Bates
Vice-President Central: Sylvia Robb
Membership: Gina Porter
Sponsorship: Frances Stewart
Treasurer: Jill Jeffrey
Secretary: LuAnn Pickard

UNC Provincial Representatives

West: British Columbia: Susan McDougall
Alberta: Melissa Leslie
Saskatchewan: Judy Pare
Manitoba:

Central: Ontario: Lisa Lynch
Ontario: Sandi Disher
Quebec: Raquel De Leon

East: New Brunswick: Nancy Carson
Nova Scotia: Maureen O’Neil
Newfoundland and Labrador: Sue Hammond

Prince Edward Island:

Local Chapter news info: www.unc.org

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Edmonton Info: Liz Smits Tel: (780) 407-6154
Calgary Info: Melissa Leslie melissa.leslie@albertahealthservices.ca
Regina Info: Judy Pare: judy@pare.ca
Toronto Info: Frances Stewart: bladderqueen@hotmail.com
Kingston Info: Sylvia Robb Tel: (613) 548-7800
Ottawa Info: Susan Freed Tel: (613) 721-4700 ex. 3900
Montreal Info: Raquel DeLeon: raquel.deleon@muhc.mcgill.ca
New Brunswick Info: Gina Porter Tel: (506) 632-5720
Halifax Info: Emmi Champion emmi.champion@cdha.nshealth.ca
New Foundland Info: Sue Hammond Tel: (709) 368-0101
Coming Events

Society of Urologic Nurses and Associates:
SUNA Annual Conference
March 7-9, 2013
Hyatt Regency
Savannah, GA
www.suna.org
find SUNA on facebook-www.facebook.com/
UrologicNursing

Urology Daze 2013
April 5, 2013
Chateau Louis Conference Centre
11727 Kingsway
Edmonton, AB
Keep the date open and watch for more information.

68th Annual CUA
June 23rd to 25th, 2013
Sheraton on the Falls Hotel,
Niagara Falls, On
www.cua.org
Nurses meeting at CUA
Details to be announced

43rd Annual ICS 2013
August 25th - 30th, 2013
Barcelona, Spain
www.iscoffice.org

26th Annual Urologic Excellence Conference
Cruising the Tides of Change
September 26-28, 2013
Saint John Hilton Hotel
Saint John, NB
www.unc.org

2013 Annual CANO/ACIO
October 20 - 23, 2013
Sheraton Vancouver Wall Centre
Vancouver, BC

WHAT DO ALL THESE ABBREVIATIONS MEAN???

UNC - Urology Nurses of Canada
CUA - Canadian Urologic Association
UEC - Urologic Excellence Conference
CPCN - Canadian Prostate Cancer Network
NCA - Nurse Continence Advisor
AQUIU - Association Québécoise des Infirmières et
Infirmiers en Urologie.
SUNA - Society of Urology Nurses of America
AUA - American Urologic Association

If your chapter or organization has an upcoming event that you would like to advertise in the Pipeline, submit the information with contact email to uncpipeline@hotmail.com