The Pipeline is a publication of Urology Nurses of Canada. The Pipeline is published each winter and summer for UNC members and sponsors and is also located at www.unc.org.

The Pipeline is looking for articles for publication about new initiatives in urology, latest technology, clinical research and evaluation, local chapter activities, patient and community resources.

Deadline for next issue: May 1, 2011
Contact the Pipeline Editor: Brenda Bonde:
Tele: 250-812-1542
Email: uncpipeline@gmail.com

The UNC Awards Program - Evolving to Bring Recognition for Nurses, and Support for Learning

One of the mandates of the UNC is to promote Education, Research and Clinical Practice in Urology. Awards are available to members (who have been a member in the past full year). The Research Award is in place to encourage all members that have an interest in research to be recognized for their work.

The Scholarship Award is available for members who wish to further his/her education related to the practice of Nursing.

The newest Awards are the Nursing Education Initiative, and Urological Excellence Attendance (UEC) Award. The Nursing Education Initiative is a reimbursement program providing financial assistance to Urology Nurses of Canada (UNC). Grants of up to $500 are available to support nurses engaging in continuing educational events for the enhancement of knowledge, professional skills and patient outcomes specific to practice of Urology. Funding of up to 2 awards is provided by the generous donations of national corporate sponsors and donations from UNC members. Eligibility criteria information and application forms are available on the UNC website www.unc.org.

The Urological Excellence Attendance Award is a reimbursement program providing financial assistance to Urology Nurses of Canada (UNC) members to attend the annual Urological Excellence Conference. Up to four awards of $500 are available to support Nurses to attend the UEC. All applications for this award must be received by May 15th for the upcoming UEC.

Successful applicants will be notified by June 1st.

The UNC Scholarship and research awards remain available and the criteria and application forms are also available on the website.

The UNC Award of Merit continues to recognize the individual who has made a significant contribution to the UNC.

A UNC Chapter award is also available to help with starting a new local Chapter.

The deadline for UNC Awards, Scholarship, Research, Nursing Education Initiative and the Award of Merit is August 31, 2012.

Applications should be sent to Sylvia Robb at vpcentral@unc.org
2011 Award winners:
UEC Education Awards: Emmi Champion, Julia Copp, and Cathy Matthew
Scholarship Award: Frankie Bates
Research Award: Yvonne Appah
Editorial Award: Brenda Bonde
And the Award of Merit: Brenda Bonde

The Poster Presentation and Short Paper Awards are presented at the annual UEC. Information about submitting your Abstracts is on the website, and is sent out to members each year.

Poster Presentation Award
Presenters of posters at the annual Urological Excellence Conference are eligible for this award. The recipient of this will have demonstrated excellence in poster presentation and meet the pre-established criteria for posters. The recipient will receive a $100.00 award from UNC.

Short Paper Presentation Award
Presenters of short papers at the annual Urological Excellence Conference are eligible for this award. The recipient of this will have demonstrated excellence in presentation and meet the pre-established criteria for short papers. The recipient will receive a $100.00 award from UNC.

Many thanks to our National Sponsors who make these awards possible.
UNC Representative 2010-2011

UNC Executive

President: Frances Stewart
Past President: Susan Freed
Vice-President West: Liz Smits
Vice-President East: Frankie Bates
Vice-President Central: Sylvia Robb
Membership: Gina Porter
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Secretary: LuAnn Pickard

UNC Provincial Representatives

VP West - Liz Smits - Alberta: Melisa Leslie
British Columbia: Brenda Bonde
Saskatchewan: Judy Pare
Manitoba:

VP Central - Sylvia Robb - Ontario: Lisa Lynch
Ontario: Angela Tessier
Quebec: Raguel De Leon
Quebec: Carol-Anne Lee

VP East - Frankie Bates - Nova Scotia
New Brunswick: Maureen O’Neil
Newfoundland and Labrador: Nancy Carson
Prince Edward Island: Sue Hammond

Local Chapter news info: www.unc.org

Victoria Info: Sandra Rowan Tel: (250) 381-3747
Edmonton Info: Liz Smitz Tel: (780) 407-6154
Calgary Info: Melissa Leslie: melissa.leslie@albertahealthservices.ca
Toronto Info: Frances Stewart bladderqueen@hotmail.com
Kingston Info: Sylvia Robb Tel: (613) 548-7800
Ottawa Info: Susan Freed Tel: (613) 721-4700 ex. 3900
Montreal Info: Carol-Ann Lee Tel: (514) 934-1934 ex. 35213
Halifax Info: Emmi Champion Tel: (902) 473-2570
New Brunswick Info: Gina Porter Tel: (506) 632-5720
Newfoundland Info: Sue Hammond Tel: (709) 368-0101
Hamilton Info: Elizabeth Bowman: ebowman@mountaincable.net
Regina Info: Judy Pare: judy@cru.ca

How to form a local UNC Group

1. Contact nurses and allied health in your area interested in Urologic Nursing.
2. Pick a topic and a speaker (for initial meeting).
3. Book meeting room
4. Contact local sales rep for potential support of meeting.
5. Advertise meeting and distribute information about the UNC.
6. Create local executive e.g. chairperson, secretary, treasurer.
7. Organize educational meetings/events.
8. Contact UNC provincial representative regarding local business meetings.
9. Encourage submissions of articles and upcoming events to “Pipeline”.
Thanking Some of Our Generous Sponsors!
The Urology Nurses of Canada extends an invitation to all nurses and allied health interested in urologic nursing to join the association.

The Urology Nurses of Canada is a National Association whose mandate is to enhance the specialty of urologic nursing in Canada by promoting education, research and clinical practice.

The activities of the Urology Nurses of Canada are designed to enrich members' professional growth and development.

The UNC hosts an annual conference each fall and convenes for an educational meeting at the Canadian Urological Association annual meeting each June.

Membership in the UNC now entitles you to receive 4 issues of Urological Nursing Journal, 2 issues of Pipeline, Annual Urological Excellence Conference information and discount on registration, UNC Membership Directory, UNC Constitution, UNC: Standards of Urologic Nursing Practice and your personal access to UNC reports on the web.

For more information about UNC, contact: Nancy Carson, Membership Coordinator at membership@unc.org or visit www.unc.org.

In 1987, a group of Ontario Nurses met and formed the Urology Nurses Interest Group. Their objectives were to hold an annual meeting which will be a component of an annual conference on Urology Nursing. They also planned to meet at quarterly intervals throughout the year at alternate locations.

They planned to seek sponsorship from business groups which manufacture Urology products. They initiated publication of an interest group newsletter “The Pipeline” which will be distributed quarterly.

The first actual Urological Excellence Toronto, was held over 2 days in September. Two hundred and forty five nurses from across the country attended. There were at total of 280 delegates!

Some of the topics included Nursing, the Impact of change, Everything you wanted to know about Urodynamics, Urologic emergencies, Catheter associated infections-intermittent self-catheterization, and Shockwave Lithotripsy.

A fun night was held at Second City Dinner theatre. Registration for the Conference was $225, and rooms were $115.

The first annual general meeting was held and officers were elected, membership fee at that time was $20. The founding committee had been working since June 1987 to develop this Conference and to lay the ground work for this Interest Group. They were hoping that formation of this group will advance the specialization of urologic nursing and, ultimately, contribute positively to the quality of patient care.

Taken from information in UNC Archives

Montreal was the site of this years’ CUA meeting. The UNC was fortunate to have a space provided by the CUA to promote our organization and distribute material both to potential members, physicians and industry.

The booth was manned by member of the executive Susan Freed, Lisa Lynch, Sylvia Robb and Liz Smits. As president I spent a lot of time with our industry sponsors encouraging them in their ongoing support.

As is our custom we had a very successful wine and cheese reception on the Monday afternoon of the meeting. Dr. Micheal Leveridge of Kingston gave an outstanding presentation on bladder cancer which was both informative and very entertaining. We hope to continue the tradition this year in Banff and will invite Dr. Katherine Moore to be our presenter.

A busy time rewarded us with a few more sponsors for the UEC Meeting in London ON.

Hope to see lots of UNC nurses in Banff!
Halifax Chapter News

The Halifax Chapter of UNC hosted our 5th annual Dine and Learn for nurses on June 2, 2011 at the Saraguay Club. We are grateful to our reps for their continued support of nursing education; including Susanne Townsend from Astellas Pharma, Tammy MacLean from Medtronic, and Stephanie Baker-Humphrey from GSK.

Dr. Gavin Langille spoke to us about some concerns with young men/boys. He touched briefly on testicular torsion, and cancer, paraphimosis and priapism.

Dr. Scott Bagnell spoke to us about prostate cancer and some of the controversies surrounding the diagnosis (PSA screening) and treatment (Gleason scores and different surgeries, and other options).

Sue Winch RN, BScN spoke to us about Botox, the exciting new treatment for some neurogenic bladders particularly in spinal cord injuries and MS patients)

All topics were well-received, and we had many positive comments on our evaluations; and many suggestions for topics nurses would like to know more about.

We had nurses joining us from Truro, Windsor, Bridgewater, and various sites throughout metro- including Rehab, VGH, DGH, Cobequid, HI.

Joanne Edmundson drew for the door prize- four memberships to Urology Nurses of Canada. The names picked were Judy Levy, Trina Nicholson, Michael-Ann

St Johns Chapter News

Greetings from the Saint John Chapter of the UNC,

We hosted our annual 1/2 day workshop for nurses and allied healthcare workers in our region on October 22nd. 30 people attended. Our numbers were down this year due to budget restraints and staff not being funded to attend. We heard from three different speakers. One or our Urologists, Dr T. Whelan spoke on Prostate Ultrasound, Gleason Score, Cancer Staging and treatment options. Karen Lusby, a nurse from Moncton spoke on Interstim Therapy - Implantable Stimulator. Frankie Bates, a nurse from Saint John spoke on Bladder Management in MS. The Kidney Foundation and SCA Hygene were two exhibitors present for the morning. We also had a booth with UNC membership information available and Karen provided an Interstim device to view and information from Medtronic.

We are very thankful to our sponsors who made the day (and lunch) possible and free of charge to those attending. Hopefully we will be able to continue to offer this workshop as it is a great learning experience and allows an opportunity to network with others within our healthcare region. Our chapter will meet again in the early spring of 2012.

Nancy Carson, NB provincial rep

Victoria Chapter News

The Victoria Chapter has held the first Education Session of the fall.

With the title “Why Do I a Void Urology”, it was geared towards the nurses who are new to caring for Urology patients in the post op setting.

A hospital Pharmacist spoke regarding various medications and supplements and the implications their use could have on pre and post op patients.

This was followed by an overview of the care of the post op Transurethral Prostatectomy patient, Troubleshooting Continuous Bladder Irrigations as well as TUR syndrome and Urosepsis.

We are busy planning a further 4 Education Sessions, the first one, Urological Emergencies will be held in January.
The 2011 Urological Excellence Conference was held in London Ontario this past September.

A great welcoming reception started everything off. It was good to see old friends and meet new ones. We had an opportunity to meet with the Sponsor Representatives at their Booths.

Friday morning Fran and LuAnn welcomed everyone to the 24th Annual UEC. Then the program started with Dr Hassan Razvi enlightening us on the Secrets of Stones. That was followed by Dr Stephen Pautier who spoke on Kidney Cancer in the 21st century.

After a break we had a fascinating presentation on Perioperative Robotic Nursing, what a hard working team from St Joseph’s Health Care London Robotics Team.

Judy Pare presented her Poster presentation, discussing the use of preop fleet enema for Prostate Biopsy.

Then we had to choose between 3 great concurrent sessions.

After lunch Awards were presented to National Sponsors and to UNC members.

Brenda Bonde gave a Short Presentation to show us that any one of us can present at conferences with some basic preparation.

Dr Andrea White discussed how we can help and understand IC (interstitial cystitis).

More concurrent sessions followed with more great speakers and topics.

Fun night included dinner and lots of dancing. Lots of fun! Saturday morning came early for those attending the Annual General meeting and UNC elections. Then Dr Anthony Bella spoke on Advances in Men’s Health in 2011.

Kidney/Pancreas Transplant was described by Dr Patrick Luke, who is getting good results treating patients with severe Diabetes and Renal Failure.

Dr Blayne Welk presented on reconstructing urinary continence. Options are available, using injections, slings or artificial urinary sphincters.

The final 3 concurrent sessions followed. I know all the speakers were great. One of the sessions was presented by Riz Ramanali, a recipient of the kidney pancreas transplant, and she took us through her journey with severe diabetes and renal failure requiring dialysis to transplant and beyond. Amazing story.

Dr Sumit Davé spoke on the difficult subject of Reconstructive Pediatric Urology, outcomes and the long term perspective.

The final speaker of the day was Heather Fisher RN ‘’Pick me, not ‘’, speaking of her life as a nurse, a patient and her travels.

Too soon the Conference wrapped up and the flag passed on to the Regina Chapter. See you next year.

Results of the UNC elections at the AGM:

Secretary-LuAnn Pickard
Treasurer-Jill Jeffery
VP East-Frankie Bates
Membership- Gina Porter
Provincial Representatives:
Alberta-Melissa Leslie
Ontario- Angela Tessier
Nova Scotia-Maureen O’Neill
New Brunswick- Nancy Carson
NFLD Labrador- Sue Hammond
British Columbia- Brenda Bonde
The International Continence Society (ICS) held its 41st Annual meeting in Glasgow, Scotland this year (August 29th to Sept 2nd).

There were 2800 attendees at the event, including Physicians, Urologists, Urogynaecologists, Nurses, physiotherapists and other allied health care workers.

It was difficult to ascertain exactly how many nurses attended, however, 267 individuals answered the evaluation questionnaire (10.4% of the attendees) and of those who responded to this, 30 individuals (13.6%) were nurses and/or continence advisors.

I was fortunate enough to be awarded a cheque at the 24th Annual Urological Excellence Conference in London, Ontario. This assisted greatly with registration and towards travel as it is becoming increasingly more difficult to attain funding from any other source for nurses to gain further education. I fully encourage all UNC members to apply for the wonderful awards that UNC make available to members. Three more awards have just been added so make sure, as UNC members, you all pay attention to e-mails and upcoming application forms for awards!

The ICS conference had a very busy schedule and it was often difficult to choose which concurrent sessions to attend as there were so many interesting topics and speakers.

The 3rd annual nurses’ forum was held on opening day (Sunday) including a luncheon and was very well attended.

The workshops filled up two full days and offered a variety of educational courses. Incontinence in the elderly to pelvic floor therapy rehabilitation pre and post partum, pelvic organ prolapse and male incontinence (which I felt honoured to present on) were covered among other interesting topics.

The scientific sessions were conducted over the next three days, including satellite symposiums, poster and podium presentations and panel discussions. Participants were also able to meet the experts in bladder and bowel health from all parts of the world including Brazil, UK and United Arab Emirates.

I co-chaired a public forum with Julia Herbert, director of The UK Bladder and Bowel Foundation (BBF) on the Friday evening which was very well attended and included Scottish MP Richard Simpson, Urogynaecologists Phil Assassa on new developments in treatment for bladder problems, Lynn Douglas, specialist registrar in general surgery, on new developments in treatment for bowel problems, and a dramatic perspective from a sufferer Tim Harvey.

All in all, a great conference!

Contributed by Frankie Bates
ATTENTION!!!!

Your UNC Pipeline is looking for articles. If you are a Nurse working with Urology patients, you maybe able to write about your experiences, observations or perhaps a case study.

If you are a UNC member, you can submit your newly published article for the Editorial Award.

More info or send your papers to: uncpipeline@gmail.com

WHAT DO ALL THESE ABBREVIATIONS MEAN????

UNC - Urology Nurses of Canada
CUA - Canadian Urologic Association
UEC - Urologic Excellence Conference
CPCN - Canadian Prostate Cancer Network
NCA - Nurse Continence Advisor
AQIIU - Association Quebecoise des Infirmieres et Infemiers En Urologie
SUNA - Society of Urology Nurses of America
AUA - American Urologic Association

FIRMAGON UNC ARTICLE

HEAD:
NEW RECONSTITUTION PROCESS MAKES FIRMAGON ADMINISTRATION EASIER AND SAFER.

COPY:
Firmagon® (degarelix) is the first prostate cancer LHRH antagonist available in Canada. After it was introduced last year, some healthcare professionals suggested that the reconstitution and administration of the drug could be improved. Well, I’m pleased to report that the people at Ferring Pharmaceuticals listened and came up with a new, improved process for reconstituting and administering Firmagon. Here are the key improvements that they’ve made:

Reconstitution no longer requires a needle, but uses vial adapters instead, so there’s less chance of needle stick injuries and no chance of the vials tipping over due to the long needle with a syringe in them.
Unlike before, the new vials can now be inverted during reconstitution.

Now the only lines on the syringes are those that mark the reconstitution and injection volumes. All other gradation lines have been removed to make things simpler.

The new syringes have luer locks that make them more secure and easier to attach the vials or the needle. The injection needle has been changed from 27 gauge to 25 gauge so it’s easier to push the plunger down. Firmagon must still be injected slowly into the patient.

Please note: Post-injection, it’s important to leave the needle in the patient for 30 seconds. This allows the depot to start forming and minimizes the chance of the drug tracking up the injection site and coming in contact with the dermis.

Once the injection has been completed, it is easy to flip over the safety needle device to reduce needle stick injuries.

All in all, these improvements mean less needle exposure, less chance of needle stick injuries along with a Firmagon reconstitution and administration process that’s simpler and safer.

To see a demonstration of the new process, go to www.youtube.com then:
- click on “Sign In” in the top right corner
- for e-mail or user name, type in: JeanChabot1
- for password, type in: FerringFirmagon123
- you will then go to the video page where you will find ‘Ferring Firmagon Dosing’ about a third of the way down the left side of the screen

- click on the video image for English or French.

If you’d like a personal demonstration, please contact Ferring at 1-800-263-4057.
Coming Events

25th Annual Urologic Excellence Conference
September 20-21, 2012
Delta Hotel Regina
Regina, SK
www.unc.org

42nd Annual ICS/IUGA 2012
October 15–19, 2012
Beijing, China
(Visa Required)
www.iscoffice.org

Society of Urologic Nurses and Associates:
SUNA Annual Conference
Mar 1-3, 2012
Hyatt Regency, San Francisco
San Francisco, CA
www.suna.org

2012 Annual CANO/ACIO
October 11-14, 2012
Westin Hotel
Ottawa, ON
www.cano-acio.ca

67th Annual CUA
June 24-26 2012
Banff Springs Hotel,
Banff Spring, AB
www.cua.org

If your chapter or organization has an upcoming event that you would like to advertise in the Pipeline, submit the information with contact email to uncpipeline@gmail.com
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